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Bee Beautiful with Waxing Kara Products



by Rachel Sanzone — 04/04/2016 in Beauty

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Have you ever thought about bees? Like really thought about them? Because if you do – you come to realize that they are really quite amazing. Take for example a honeybee hive. It's a city of about 100,000, mostly females, governed by a queen, who runs a very tight and highly profitable food service industry with zero unemployment amongst workers. Bees not only give us the honey we know and love to ingest, it's actually a very successful ingredient in a lot of different beauty products.

Honey is naturally antibacterial, so it's great for acne treatment and prevention. It's also full of antioxidants and is great for slowing down aging – but wait, there's more. Since it is extremely moisturizing and soothing, it helps create a glow. I played guinea pig so you wouldn't have to and used raw, organic honey on my face twice last week and guess what? My dry, parched skin was instantly rejuvenated. I kid you not. It works. I know what you're thinking, "Isn't that a pain to rinse off?" No. It actually emulsifies when water hits it and comes off very easily.

That is why Waxing Kara products are so amazing. Born on a pool table in Maryland in 2012, what started as a small beekeeping operation turned into a full-fledged company.

Not only do they believe that creativity should flow like honey but that bees are key factors in the sustainability of our planet and our health.

I had the honor to try out one of their lavender spa tower. It comes with a full protocol and is a perfect at-home spa treatment when you don't want to leave the comfort of your bathroom. Retailing at \$68, their 4oz products will last you 4 treatments. It puts the 'Ah' in amazing.

Not only does it boast the ingredient of lavender, it also includes honey (naturally), and fantastic smells for an all over sensory experience. The tower includes a candle, body butter, soak, scrub and a mask. Use in whatever order you please but I highly recommend soaking in a bubble bath while your mask is on and the candle is lit. Follow up with the scrub and butter and your mind and body will thank you. Waxing Kara is a firm believer that what you put on your body should be just as good for you as what you put in. Who doesn't agree with that?

Their spa candle is certainly in a league of its own. Not only does it smell fantastic but it's the candle that keeps on giving even after it's blown out. You can actually use the oils to moisturize your skin. They did a lot of research and the oils are designed to burn at 98% so it won't burn us.

The soak has Dead Sea salt and helps restore balance and fortifies your well-being. Two scoops of this and you're ready to spring clean those tired body aches of all that winter has thrown at you. The mask is chock-full of honey, oat and lavender. It's a dry mask so you have to mix it with equal parts of whatever liquid you choose. They provide a list of suggested mixers depending on your skin type.

The scrub and body butter have to be my favorite items in this spa tower. I suffer from dry skin prone to itchiness and keratosis pilaris – or chicken skin. I have to be very careful with what I use because I am also very sensitive. With first use of these products, no more itch. Seriously – and it's been bad this season. Like I want to crawl out of my skin bad. The organic honey crystals mixed with shea and cocoa butter are exfoliating without being too abrasive and the honey, cocoa butter and almond oil in the butter have literally been my skin saviors. Thank you for that Waxing Kara.

Spring awaken your skin with this spa tower or gift it! Mother's Day will be here before we know it and I know plenty of moms who could use a gift like this. Whether it is for you or someone you love, they will 'bee' grateful it.

Oh! And if you're ever in Owning Mills, Maryland, stop by the Honey House. They are open daily from Monday to Friday 11am-5pm. Weekend hours are by appointment.

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Rachel Sanzone

I believe when you're pretty on the inside, you're pretty on the outside but you can't beat that perfect shade of lipstick and eyelashes as big as your dreams.



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